



JOB POSTING

YOUTH MENTAL HEALTH COUNSELLOR – DELTA, BC

JOB TITLE: Youth Mental Health Counsellor

START DATE: September 2018

REPORTS TO: Coordinator – Family Counselling Team

SUMMARY OF RESPONSIBILITIES

The Youth Mental Health Counsellor provides clinical counselling and therapeutic support for youth with mental health issues. The Counsellor supports/empowers youth and/or their family in identifying, understanding, and overcoming personal challenges, and in establishing and achieving realistic goals. Services are provided in BGC offices, in the client's home, and/or in a community setting.

JOB DUTIES

Under the supervision of the Family Team Coordinator, the Youth Mental Health Counsellor:

- Provides counselling and outreach services to youth ages 13-19 referred by Child & Youth Mental Health (CYMH).
- Assesses needs and establishes goals to develop a service plan with the participation of the youth.
- Develops and implements a treatment plan, and delivers therapeutic interventions.
- Plans, prepares, and conducts group and/or individual counselling sessions with clients.
- Provides follow-up support for client upon leaving the program, as appropriate.
- Responsible for case management including evaluation of clients' progress.
- Maintains up-to-date records on clients; provides progress reports to the Coordinator and MCFD. Completes all required documentation.
- Connects client to other team members as needed.
- Advises other professionals involved with the client when further evaluation or more intensive treatment is required.
- Discusses case planning and concerns with Coordinator, members of the team, as well as with other professionals in the community (i.e., social workers, probation officers), strictly respecting client confidentiality.
- Attends regular case management meetings with CYMH to coordinate and collaborate on client's care.
- Participates in establishing a positive, healthy, and safe team that fosters individual and team growth.
- Participates in staff training sessions and public education forums, seminars, and conferences relevant to specific program areas.
- Participates in program evaluation. Provides suggestions to modify programs and proactively participates in planning and implementing changes as needed.
- Maintains a thorough knowledge of community resources to meet clients' needs.
- Performs other related duties as required.

REQUIREMENTS

- A passion for working with youth.
- A team player who is flexible and self-motivated.
- Criminal Record Check (Vulnerable Sector).
- A Master's degree in counselling, social work or a related field.
- At least three years' relevant work experience.
- Knowledge of intervention strategies related to mental health treatment such as Cognitive Behaviour Therapy, Mindfulness, and other related theories and treatment modalities.
- Knowledge of issues related to substance abuse, suicide prevention, child protection, etc.
- A valid Class 4 driver's license or willingness to obtain within 6 months.
- A clear driver's abstract and use of a reliable vehicle insured for business use (\$2 million liability).
- First Aid and CPR certification.

ADDITIONAL ASSETS

- An overall philosophy that values and respects the wisdom of youth.
- Knowledge of group process and skilled in the use of facilitation techniques
- Experience in assessment and documentation.
- Knowledge of relevant government legislation and policy.
- Good organizational and time management skills.
- Excellent communication skills (both written and verbal).
- The ability to work independently, as well as part of a cohesive team.
- Personal maturity, sound judgment, and excellent interpersonal skills.

This is a one-year, full-time (37.5 hours per week) salary position to fill a maternity leave.

Boys and Girls Clubs of South Coast BC hires on the basis of merit and is strongly committed to equity and diversity within its community. We encourage applications from persons with disabilities, members of visible minorities, Indigenous Peoples, people of all sexual orientations, genders, and ages, and others who may contribute to the further diversification of our organization.

CLOSING DATE: This posting will remain open until the position is filled.

HOW TO APPLY

Please email a resume and cover letter to:

Hiring Committee
jjesson@bgcbc.ca

Thank you in advance to all persons who apply for this position. Please note that only those selected for interview will be contracted.