

OTHER PROGRAMS AND SERVICES

NEXUS

550 Cambie Street
Vancouver BC V6B 2N7
604.660.5216

Nexus is a downtown outreach counselling service that focuses on street-involved youth who are affected by substance abuse. Nexus provides crisis intervention, individual counseling, education and referral services.

PARENTS TOGETHER

604.325.0556

Parents Together is a program that provides mutual support and practical solutions for parents concerned about their teens' behaviour. Support groups are available in 11 Lower Mainland locations.



Boys & Girls Clubs
of South Coast BC

ODYSSEY

ODYSSEY I
518 Howard Avenue
Burnaby BC V5B 3R1
604.299.6377

ODYSSEY II
2875 St. George Street
Vancouver BC V5T 3R8
604.879.8853

www.bgcbc.ca

The Boys and Girls Clubs of South Coast BC provides a range of social, health, educational and recreational services to young people. Summer Camp, substance abuse counselling, licensed child care and parent support are just a few of the programs provided on a seasonal and daily basis.



Boys & Girls Clubs
of South Coast BC

www.bgcbc.ca

ODYSSEY

Substance Abuse Services
for Youth and Families

A service provided by Boys & Girls Clubs of South Coast BC.



WHAT IS ODYSSEY?

Odyssey is a program that provides services to youth and their families who are affected by substance abuse.

We provide a wide-range of services: individual, family and/or group counselling, drop-in, social/recreational activities, referrals, drug/alcohol information and education.

Our staff consists of youth and family counsellors with a special focus on alcohol and drug issues.

We offer a supportive atmosphere where youth feel comfortable to explore alcohol and drug-related issues and consider options for obtaining a healthier lifestyle.

We also provide assessment and referral services to other programs, such as detox and residential treatment.

WHEN ARE WE OPEN?

Odyssey programs are open daily Monday - Friday, including some evenings. Please call for our current schedule.

WHO IS IT FOR?

- Youth who are concerned about their own substance use
- Youth who are concerned about their friend's or family's substance abuse
- Family members, or service providers, who are concerned about a youth's substance use

WHAT DO WE OFFER?

- Individual Counselling
- Group Counselling
- Family Counselling
- Drop-in
- Peer Counselling
- Social/Recreational Activities
- Crisis Intervention
- Prevention Services
- Referrals and Assessment
- Networking with other Community Service Agencies
- Education on Alcohol and Drugs

HOW DO YOU ACCESS OUR SERVICES?

- Anyone can make a referral
- Youth can refer themselves and parents/guardians are encouraged to participate in the program
- There are no fees for counselling services

OUR PHILOSOPHY

The name Odyssey reflects our philosophy that dealing with alcohol and drug issues requires a "journey of growth." This journey is unique for each individual.

We believe individuals have the right and capacity to determine how they would like to change, the strength to make these changes and the right to decide who they would like to involve in their change process.

We believe that substance abuse is part of a complex interaction between biological, psychological, spiritual and social factors that are unique to each person.

Odyssey operates within a harm reduction model.