



Boys & Girls Clubs
of South Coast BC

JOB POSTING

YOUTH MENTAL HEALTH COUNSELLOR – DELTA, BC

JOB TITLE: Youth Mental Health Counsellor

START DATE: Mid-August, 2018

REPORTS TO: Coordinator – Family Counselling Team

SUMMARY OF RESPONSIBILITIES

The Youth Mental Health Counsellor provides clinical counselling and therapeutic support for youth with mental health issues. The Counsellor supports/empowers youth and/or their family in identifying, understanding, and overcoming personal challenges, and in establishing and achieving realistic goals. Services are provided in BGC offices, in the client's home, and/or in a community setting.

JOB DUTIES

Under the supervision of the Family Team Coordinator, the Youth Mental Health Counsellor:

- Provides counselling and outreach services to youth ages 13-19 referred by Child & Youth Mental Health (CYMH).
- Assesses needs and establishes goals to develop a service plan with the participation of the youth.
- Develops and implements a treatment plan, and delivers therapeutic interventions.
- Plans, prepares, and conducts group and/or individual counselling sessions with clients.
- Provides follow-up support for client upon leaving the program, as appropriate.
- Responsible for case management including evaluation of clients' progress.
- Maintains up-to-date records on clients; provides progress reports to the Coordinator and MCFD. Completes all required documentation.
- Connects client to other team members as needed.
- Advises other professionals involved with the client when further evaluation or more intensive treatment is required.
- Discusses case planning and concerns with Coordinator, members of the team, as well as with other professionals in the community (i.e., social workers, probation officers), strictly respecting client confidentiality.
- Attends regular case management meetings with CYMH to coordinate and collaborate on client's care.
- Participates in establishing a positive, healthy, and safe team that fosters individual and team growth.
- Participates in staff training sessions and public education forums, seminars, and conferences relevant to specific program areas.
- Participates in program evaluation. Provides suggestions to modify programs and proactively participates in planning and implementing changes as needed.
- Maintains a thorough knowledge of community resources to meet clients' needs.
- Performs other related duties as required.

REQUIREMENTS

- A passion for working with youth.
- A team player who is flexible and self-motivated.
- Criminal Record Check (Vulnerable Sector).
- A Master's degree in counselling, social work or a related field.
- At least three years' relevant work experience.
- Knowledge of intervention strategies related to mental health treatment such as Cognitive Behaviour Therapy, Mindfulness, and other related theories and treatment modalities.
- Knowledge of issues related to substance abuse, suicide prevention, child protection, etc.
- A valid Class 4 driver's license or willingness to obtain within 6 months.
- A clear driver's abstract and use of a reliable vehicle insured for business use (\$2 million liability).
- First Aid and CPR certification.

ADDITIONAL ASSETS

- An overall philosophy that values and respects the wisdom of youth.
- Knowledge of group process and skilled in the use of facilitation techniques
- Experience in assessment and documentation.
- Knowledge of relevant government legislation and policy.
- Good organizational and time management skills.
- Excellent communication skills (both written and verbal).
- The ability to work independently, as well as part of a cohesive team.
- Personal maturity, sound judgment, and excellent interpersonal skills.

This is a full-time (37.5 hours per week) salary position with group benefits after six months and pension after one year.

CLOSING DATE: This posting will remain open until the position is filled.

HOW TO APPLY

Please email a resume and cover letter to:

Hiring Committee
jjesson@bgcbc.ca

Thank you in advance to all persons who apply for this position. Please note that only those selected for interview will be contracted.